

## SAVE 10% WITH SPA PACKAGES\*

\*Gratuity not included.

|                                   |           |          |
|-----------------------------------|-----------|----------|
| Silvana's Day Of Natural Beauty   | 7 ½ hours | \$347.50 |
| Morning Glory                     | 4 ½ hours | \$214.20 |
| Perfectly Pampered                | 2½ hours  | \$151.20 |
| Corporate Male                    | 2 ½ hours | \$162.00 |
| Aqua Euphoria                     | 1 ½ hours | \$144.00 |
| Mother To Be                      | 2 ¼ hours | \$139.50 |
| Teen-Age Spa                      | 2 ½ hours | \$117.90 |
| Spa Manicure/Spa Pedicure Package | 1 ¾ hours | \$83.70  |
| Time For Two (time per person)    | 4 ½ hours | \$428.40 |

## COMPLEMENT YOUR SERVICES WITH THESE ADD-ONS

|                                    |            |      |
|------------------------------------|------------|------|
| Jobba Hand Massage                 | 15 minutes | \$20 |
| Hydrating Paraffin (hands or feet) | 15 minutes | \$15 |

## BRIDAL SERVICES

Prices start at:

|  |       |
|--|-------|
| Trial Run Upwork Hair Design                             | \$90  |
| Wedding Day Upwork Hair Design (includes veil placement) | \$140 |
| Trial Run Shampoo/Blowdry                                | \$50  |
| Wedding Day Shampoo/Blowdry                              | \$75  |
| Trial Run Makeup   | \$40  |
| Wedding Day Makeup                                       | \$50  |
| Bridal European Facial                                   | \$75  |

## ATTENDANT'S SERVICES

Prices start at:

|                             |      |
|-----------------------------|------|
| Hair Design Upwork          | \$65 |
| Hair Design Shampoo/Blowdry | \$35 |
| Child's Hair Design         | \$35 |
| Trial Run Makeup            | \$30 |
| Wedding Day Makeup          | \$40 |

## CORPORATE WELLNESS SERVICES

Find out how these services can benefit your organization.

- ▶ Work-place Massage
- ▶ Event Massage
- ▶ Partner Rewards Program
- ▶ Corporate Discount Program

## GIFT CARDS

Remember to share the gift of relaxation with someone you love.

Order your Silvana's Gift Cards today. Stop in, call or purchase gift cards online at [www.silvanadayspa.com](http://www.silvanadayspa.com)

## SAVE UP TO 15% WITH SERIES DISCOUNTS

Series available on most services. Ask a Customer Service associate for details.

**SILVANA'S**  
Day  
Spa & Salon

102 East Main St., Rte 72  
Forestville, CT 06010  
For information/Appointments  
call 860-589-7249  
[www.silvanadayspa.com](http://www.silvanadayspa.com)

Rates, services and terms are subject to change without notice. Detailed service descriptions can be found in Silvana's Guide To Services. For latest updates and information visit us at [www.silvanadayspa.com](http://www.silvanadayspa.com).

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Day  
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## Menu of Services

### SIGNATURE SPA SERVICES\*

|                          |                |           |
|--------------------------|----------------|-----------|
| Vichy Spa Body Massage   | 70/100 minutes | \$130/160 |
| Hot Towel Heaven Massage | 50/80 minutes  | \$90/140  |
| Aroma Steam Massage      | 50/80 minutes  | \$105/150 |

### ANTI-CELLULITE MASSAGE

Lipossage Anti Cellulite Massage (ask for information and prices)

### MASSAGE\*

|                                     |               |           |
|-------------------------------------|---------------|-----------|
| Spa Body Massage                    | 50/80 minutes | \$70/110  |
| Deep Tissue Massage                 | 50/80 minutes | \$80/125  |
| Jobba Massage                       | 50/80 minutes | \$80/125  |
| Aroma Therapy Massage               | 50/80 minutes | \$80/125  |
| Hot Stone Massage                   | 50/80 minutes | \$90/140  |
| Mother To Be Massage                | 50/80 minutes | \$90/140  |
| Four Hands Massage (two therapists) | 50/80 minutes | \$165/260 |
| Express Massage                     | 20 minutes    | \$55      |
| Just My Feet Pedisage               | 20 minutes    | \$55      |
| Chair Massage                       | 15 minutes    | \$30      |

### SPECIAL TISSUE THERAPIES\*

|                            |               |          |
|----------------------------|---------------|----------|
| Lymphatic Drainage Massage | 50/80 minutes | \$80/125 |
|----------------------------|---------------|----------|

### ENERGY THERAPIES\*

|                        |               |          |
|------------------------|---------------|----------|
| Acupressure            | 50/80 minutes | \$80/125 |
| Reiki                  | 50/80 minutes | \$80/125 |
| Reflexology            | 50 minutes    | \$80     |
| Cranial Sacral Therapy | 45/75 minutes | \$80/125 |

### HYDROTHERAPY\*

|                       |               |         |
|-----------------------|---------------|---------|
| Vichy Rain Shower     | 20 minutes    | \$40    |
| Vichy Massage         | 20 minutes    | \$65    |
| Aroma Steam Treatment | 10/20 minutes | \$25/35 |

### BODY SCRUBS\*

|                    |            |      |
|--------------------|------------|------|
| Aromatic Salt Glow | 50 minutes | \$75 |
| Citrus Body Polish | 50 minutes | \$75 |
| Ginseng Sugar Glow | 50 minutes | \$75 |

### BODY WRAPS\*

|                           |            |       |
|---------------------------|------------|-------|
| Thalasso Slimming Therapy | 80 minutes | \$125 |
| Moor Mud Wrap             | 80 minutes | \$125 |
| Herbal Detox Wrap         | 50 minutes | \$75  |
| Hydrating Aloe Wrap       | 80 minutes | \$125 |

### SEASONAL SPECIALTIES

Rainforest Glow [December, January]  
Choc. Body Butter Treatment, Choc. Mudwrap, Choc. Sugar Glo [Feb., Mar.]  
Maple Sugar Glow [April, May]  
Orange Sorbet Body Polish [June, July, August]  
Autumn Pumpkin Scrub [September, October, November]

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## MAKEUP\*

|                     |            |      |
|---------------------|------------|------|
| Makeup Application  | 45 minutes | \$40 |
| Makeup Consultation | 15 minutes | \$25 |
| Makeup Lesson       | 60 minutes | \$70 |

## SUNLESS TANNING\*

|  |            |      |
|--|------------|------|
| Summer Sun Glow (Body/No Face)         | 50 minutes | \$90 |
| Face Application (w/Summer Sun Glow)   | 15 minutes | \$20 |
| Sunless Bronzer Re-App. (Body/No Face) | 20 minutes | \$40 |

## MICRODERMABRASION\*

|  |            |       |
|--|------------|-------|
| Face   | 45 minutes | \$110 |
| Face Series (Six Treatments) Purchase 5 - Get 1 FREE | 1          | \$660 |
| Neck   | 15 minutes | \$40  |
| Décolleté  | 15 minutes | \$40  |

## FACE CARE\*

|                            |            |       |
|----------------------------|------------|-------|
| European Facial            | 50 minutes | \$75  |
| Anti-Aging Alpha Facial    | 65 minutes | \$95  |
| Glycolic Acid Peel         | 30 minutes | \$50  |
| Lifting Optimizer Facial   | 65 minutes | \$115 |
| Hydrating Essence Facial   | 65 minutes | \$90  |
| Cocooning Hot Stone Facial | 90 minutes | \$145 |
| Clarifying Facial          | 50 minutes | \$75  |
| Sensitive Skin Facial      | 50 minutes | \$75  |
| Renewal Facial             | 20 minutes | \$60  |
| Eye Contour Facial         | 50 minutes | \$85  |
| Back Facial                | 50 minutes | \$85  |
| Gentleman's Facial         | 50 minutes | \$75  |

## SKIN CARE ADD ONS

|                      |            |      |
|----------------------|------------|------|
| Micro-Peel           | 10 minutes | \$15 |
| Lips So Smooth       | 10 minutes | \$20 |
| Hydrating Fruit Mask | 15 minutes | \$25 |
| Jojoba Hand Massage  | 15 minutes | \$20 |

## WAXING\*

|                               |                  |  |
|-------------------------------|------------------|--|
|                               | Prices start at: |  |
| Brow                          | \$13             |  |
| Chin                          | \$10             |  |
| Lip                           | \$10             |  |
| Face (does not include brows) | \$50             |  |
| Half Arm                      | \$35             |  |
| Full Arm                      | \$45             |  |
| Underarm                      | \$25             |  |
| Back                          | \$50             |  |
| Chest                         | \$45             |  |
| Stomach                       | \$20             |  |
| Bikini                        | \$35             |  |
| Brazilian                     | \$65             |  |
| Half Leg                      | \$40             |  |
| Full Leg                      | \$60             |  |
| Full Leg/Bikini               | \$90             |  |
| Half Leg/Bikini               | \$70             |  |
| Full Leg/Brazilian            | \$120            |  |
| Half Leg/Brazilian            | \$100            |  |

## EYES & EARS

|   |                  |  |
|---|------------------|--|
|   | Prices start at: |  |
| Brow Tweezing                             | \$20             |  |
| Brow Tinting                              | \$15             |  |
| Lash Tinting                              | \$25             |  |
| Ear Piercing                              | \$35             |  |
| Brow Tint/Lash Tint Package (Save \$5.00) | \$35             |  |

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## HAIR DESIGN

|   |                  |  |
|---|------------------|--|
|   | Prices start at: |  |
| Lady's Designer Cut                     | \$30             |  |
| Gentleman's Haircut                     | \$22             |  |
| Child's Haircut (under 10 years of age) | \$20             |  |
| Clipper Cut                             | \$22             |  |
| Bang Trim                               | \$15             |  |
| Moustache/Beard Trim                    | \$10             |  |
| Shampoo/Blow Dry                        | \$22             |  |
| Upwork/Updos                            | \$55             |  |
| Braiding                                | \$30             |  |
| Flat Iron                               | \$20             |  |
| Designer Perm                           | \$110            |  |
| Chemical Relaxer/Straightening          | \$110            |  |

## COLOR & HIGHLIGHTING

|                                  |                           |  |
|----------------------------------|---------------------------|--|
|                                  | Prices start at:          |  |
| Color Retouch/Blow Dry           | \$65                      |  |
| Color Retouch/Blow Dry/Cut       | \$70                      |  |
| Corrective Color                 | [price upon consultation] |  |
| Lightener/Blow Dry               | \$95                      |  |
| Lightener/Blow Dry/Cut           | \$125                     |  |
| Full Highlight/Blow Dry          | \$125                     |  |
| Full Highlight/Blow Dry/Cut      | \$135                     |  |
| Lowlight/Blow Dry                | \$80                      |  |
| Lowlight/Blow Dry/Cut            | \$85                      |  |
| Partial Highlight/Blow Dry       | \$80                      |  |
| Partial Highlight/Blow Dry/Cut   | \$105                     |  |
| Gloss/Blow Dry                   | \$65                      |  |
| Gloss/Blow Dry/Cut               | \$75                      |  |
| Men's Grey Blending/Blow Dry     | \$60                      |  |
| Men's Grey Blending/Blow Dry/Cut | \$70                      |  |

## COLOR ADD ONS

|   |                  |  |
|---|------------------|--|
|   | Prices start at: |  |
| Highlights (cost per foil)                | \$5              |  |
| Brow Tinting                              | \$15             |  |
| Lash Tinting                              | \$25             |  |
| Brow Tint/Lash Tint Package (Save \$5.00) | \$35             |  |

## SCALP/CONDITIONING TREATMENTS

|                                     |                  |      |
|-------------------------------------|------------------|------|
|                                     | Prices start at: |      |
| Deep Hair Conditioning Massage      | \$20             |      |
| Jojoba Hair/Scalp Hydration Massage | 20 minutes       | \$30 |

## MANICURES\*

|  |            |      |
|--|------------|------|
| Spa Manicure (add \$10 for French)       | 45 minutes | \$35 |
| Signature Manicure (add \$10 for French) | 30 minutes | \$25 |
| Men's Sport Manicure                     | 45 minutes | \$35 |
| Men's Nail Tune Up                       | 20 minutes | \$20 |

## PEDICURES\*

|   |            |      |
|---|------------|------|
| Spa Pedicure (add \$10 for French)        | 60 minutes | \$58 |
| Signature Pedicure (add \$10 for French)  | 45 minutes | \$46 |
| Men's Sport Pedicure                      | 60 minutes | \$58 |
| Hot Stone Pedicure (add \$10 for French)  | 60 minutes | \$65 |
| Peppermint Pedicure (add \$10 for French) | 60 minutes | \$65 |
| Healing Hydration (add \$10 for French)   | 60 minutes | \$65 |

## NAILS

|  |      |  |
|--|------|--|
| Polish Change For Fingers (add \$10 for French polish) | \$10 |  |
| Polish Change For Toes (add \$10 for French polish)    | \$20 |  |
| Nail Repair (fingers or toes/per nail)                 | \$5  |  |

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